



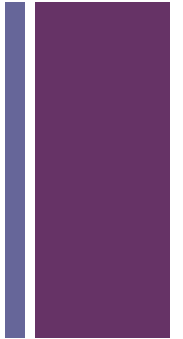
# **Aging and Family care in the Age of HIV**

**HIV and the Changing Family in Eastern Africa**  
**5 January 2011      Dar es Salaam, Tanzania**

Josien de Klerk, PhD  
Amsterdam Institute for Social Science Research  
University of Amsterdam



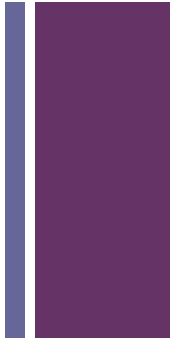
# + The macro-situation



- Role of older people as carers remaining in ART era
- Little recognition of HIV in older people: (*Minding the Gap-HelpAge International*)
- Limited access to health services by and for older people



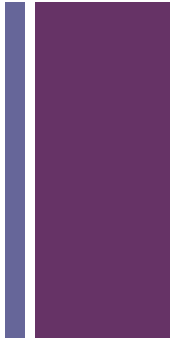
# Aging and transformations in family care in the context of HIV



- Longitudinal perspective needed to understand consequences of HIV for older people
- Older people embedded in broader family care relations . Issues of mobility and monetisation of care relations.
- Mutuality of care relations, transformations in notions of family care .



# Older people's role in filling gaps in family care



- Triple and intertwined care role: patients (also on ART), orphans, themselves
- Older men versus older women distinctively different roles in family care
- Accessing treatment (Caring for HIV + grandchildren and issues of forgetfulness, money for transport, ability to move) Skovdal et.al 2011



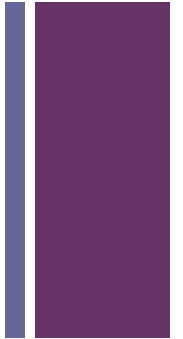
# Gaps in family care for older people



- Support for care\_giving tasks limited.
- Health and wellbeing of older people not addressed (*Knodel et.al, Ainsworth and Dayton 2000, Ssengonzi, 2008, Seeley 2008 , Kastelijns 2009, de Klerk 2011*)



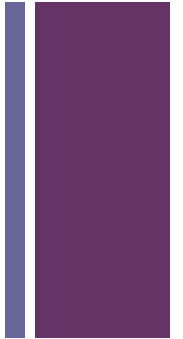
# Interventions and Family Care



- Social protection interventions: forms of a social pension piloted in several countries (Lesotho, Zambia, Namibia, Tanzania) [www.worldgranny.nl/](http://www.worldgranny.nl/) [www.helpage.com](http://www.helpage.com): Ageing in Africa Issue 36 May 2011.
- Home-based care interventions, different forms, but roll-out limited
- Psycho-social interventions



# Aging and Care over time



- Global aging and changing dependency ratios in families
- Aging and care over time (care for grandchildren, fears for losing strength and health)
- Aging with HIV: accessing drugs, issues with ART on the older body (AIDS fonds study on Aging with HIV in the Netherlands).